



# JANUARY | 2018

## Mason County Central High School Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>1</b> Happy New Year Have a Wonderful 2018	<b>2</b> Food Service 231-757-5721 mnielsen@mccschools.org	<b>3</b> Chicken Alfredo Pasta Fresh Salad Bar Peaches Choice of milk	<b>4</b> Popcorn Chicken Mashed Potato Bowl Mixed Tossed Salad Corn Diced Pears Choice of Milk	<b>5</b> Macaroni & Cheese Baby Carrots Lite Ranch Dressing Fruit Choice of Milk
<b>8</b> Beef & Bean Burrito Refried Beans Diced Peaches Choice of Milk	<b>9</b> Homemade Calzones Green Beans Fresh Pears Variety of Milk	<b>10</b> Baked Chicken Drumsticks Mashed Potatoes Corn Diced Apricots Choc or Low-fat Milk	<b>11</b> Beef Quesadilla Salsa Baby Carrots Diced Pineapple Variety of Milk	<b>12</b> Philly Steak Sandwich Dippin' Honey Peas Mixed Green Salad Apple Slices Choice of Milk
<b>15</b> Tuka Burger Wedge Potatoes Bun Diced Pears Milk	<b>16</b> Chicken Whoopie Chicken Noodle Soup Fresh Fruit Dinner roll Choice of Milk	<b>17</b> Chicken Cheddar Wraps Tossed Salad Lite Ranch Dressing Oranges Varity of Milk	<b>18</b> Hungry Howie Pizza Day Green Beans Mixed Melon Salad Choice of Milk	<b>19</b> Corndogs Peas & Carrots Applesauce Bun Choice of Milk
<b>22</b> Pizza Sticks Broccoli Salad Fresh Fruit Choice of Milk	<b>23</b> Walking Taco Chili Lettuce/Tomato Fritos Applesauce Choice of Milk	<b>24</b> Big Daddy Cheese Pizza Baby Carrots Lite Ranch Dressing 3 Blend Fruit Choice of Milk	<b>25</b> Rodeo Burger French Fries Banana Bun Choice of Milk	<b>26</b> Bagged Lunch Served ½ day school
<b>29</b> Nacho Supreme/Chips Seasoned Black Beans Apples Mixed Melon Salad Choice of Milk	<b>30</b> BBQ Pork Sandwich Corn Grapes Bun Choice of Milk	<b>31</b> Poor boy Wrap Sweet Potato Tots Spinach Salad Applesauce Choice of Milk		

**DAILY MENU CHOICES - PIZZA, CHICKEN PATTY ON A BUN, CHEESEBURGER, DELI SANDWICHES, FRESH SALADS, CHICKEN NUGGETS AND DAILY SPECIAL**

All bread, bread items and pasta are whole or multi grain  
Milk offered Daily  
Fat Free Chocolate  
Lowfat 1 % White Milk

**Fruit & Vegetable Bar offer daily**

Condiments available daily:  
Low cal salad dressings,  
Mayonnaise, catsup, mustard.

**Lunch Prices:**  
**High School \$2.85**  
**Middle School & Elementary \$2.85**

Menu is subject to change without notice  
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