



# SEPTEMBER | 2017

## Mason County Central Middle School Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				Food Service 231-757-5721 mnielsen@ mccschools.org
<b>4</b> Labor Day No school	<b>5</b> Big Daddy Pepperoni Pizza Green Beans Oranges Choice of Milk	<b>6</b> Ham Deli Potatoes Bun Peaches Choice of Milk	<b>7</b> Spaghetti/ meat sauce Cucumber Slices Breadsticks Mixed Fruit Choice of Milk	<b>8</b> Hot Dog Bun Romaine Salad Watermelon Choice of Milk
<b>11</b> Sloppy Nachos Tortilla Chips Bean Salad Oranges Choice of Milk	<b>12</b> Salisbury Steak Bun Whipped Potatoes Peaches Choice of Milk	<b>13</b> Pancakes & Sausage Hashbrown Patty Banana Choice of Milk	<b>14</b> Hungry Howie Pizza	<b>15</b> Tacos Cherry Tomatoes Diced Pears Taco Shell Choice of Milk
<b>18</b> Walking Taco Corn Chips Garden Mix Salad Diced Peaches Choice of Milk	<b>19</b> Turkey & Gravy Mashed Potatoes Applesauce Choice of Milk	<b>20</b> Chicken Alfredo Broccoli Banana Choice of Milk	<b>21</b> Sloppy Joe Bun Carrot Stick Pineapple Choice of Milk	<b>22</b> Bagged Lunch Served 1/2 day School In-service
<b>25</b> Cheesy Mac & Cheese Green Beans Apple Choice of Milk	<b>26</b> Pulled Pork Bean Salad Peaches Bun Choice of Milk	<b>27</b> Chicken Fajita – soft Shell Carrot Sticks Apple Choice of Milk	<b>28</b> Pizza Calzones Corn Fresh Fruit & Veggie Bar Choice of Milk	<b>29</b> Chicken Tenders French Fries Fresh Apple Dinner roll Choice of Milk

**News**

**DAILY MENU CHOICES - PIZZA, CHICKEN PATTY ON A BUN, CHEESEBURGER, DELI SANDWICHES, FRESH SALADS, CHICKEN NUGGETS AND DAILY SPECIAL**

All bread, bread items and pasta are whole or multi grain.  
Milk offered Daily  
Fat Free Chocolate  
Lowfat 1 % White Milk

**Fruit & Vegetable Bar offer daily**  
Condiments available daily:  
Low cal salad dressings,  
Mayonnaise, catsup, mustard.

**Lunch Prices:**  
**High School \$2.85**  
**Middle School & Elementary \$2.85**