



NOVEMBER | 2017

Mason County Central Middle School

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Food Service 231-757-5721 mnielsen@mccschools.org</p>		<p>1 Sweet & Sour Chicken Over Rice Coleslaw Banana Choice of Milk</p>	<p>2 Grilled Ham & Cheese Sandwich Baby Carrots Lite Ranch Dressing Watermelon Milk Offered</p>	<p>3 Homemade Beef Quesadilla Brown Rice Peas Pineapple Variety of Milk</p>
<p>6 French Bread Pepperoni Pizza Baby Carrots Lite Ranch Dressing Diced Pears Choice of Milk</p>	<p>7 Chili Fries Refried Beans Apple Choice of Milk</p>	<p>8 Bagged Lunch Day ½ day School</p>	<p>9 Chicken Drumsticks Mashed Potatoes/Gravy Banana Roll Choice of Milk</p>	<p>10 Ham Deli Bun Celery Sticks Pears Choice of Milk</p>
<p>13 Sloppy Joes/ Bun Potato Tots Baby Carrots Fresh Fruit</p>	<p>14 Hotdog on a Bun Broccoli Lite Ranch Dressing Smiley Fries Oranges Choice of Milk</p>	<p>15 Chicken Quesadilla Garden Mix Salad Diced Peaches Choice of Milk</p>	<p>16 Hungry Howie Pizza Romaine Lettuce Fresh Apple Choice of Milk</p>	<p>17 Homemade Calzones Broccoli Apples Slices Milk</p>
<p>20 Double Cheeseburger On a Bun Garden Mix Salad Diced Peaches Choice of Milk</p>	<p>21 Thanksgiving Dinner Turkey Supreme Corn Applesauce Pumpkin Square</p>	<p>22 Bagged Lunch Day ½ day School</p>	<p>23 Happy Thanksgiving Enjoy the day!!!</p>	<p>24 Thanksgiving Break Have A Great Weekend</p>
<p>27 Walking Taco Chili Corn Chips Tossed Salad Pears Milk</p>	<p>29 Meatballs/ Gravy Mashed Potatoes Diced Pears Dinner roll Variety of Milk</p>	<p>29 Breaded Chicken Cheddar Wrap Broccoli Apples Slices Tortilla Shell Milk</p>	<p>30 Taco Salad Refried Beans Taco Shell Apple Slices Milk</p>	

News

DAILY MENU CHOICES - PIZZA, CHICKEN PATTY ON A BUN, CHEESEBURGER, DELI SANDWICHES, FRESH SALADS, CHICKEN NUGGETS AND DAILY SPECIAL

All bread, bread items and pasta are whole or multi grain
Milk offered Daily
Fat Free Chocolate
Lowfat 1 % White Milk

Fruit & Vegetable Bar offer daily

Condiments available daily:
Low cal salad dressings,
Mayonnaise, catsup, mustard.

Lunch Prices:

High School \$2.85
Middle School & Elementary \$2.85