



JANUARY | 2018

Mason County Central Middle School Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Happy New Year Have a Wonderful 2018	2 Food Service 231-757-5721 mnielsen@mccschools.org	3 Chicken Alfredo Pasta Fresh Salad Bar Peaches Choice of milk	4 Popcorn Chicken Mashed Potato Bowl Mixed Tossed Salad Corn Diced Pears Choice of Milk	5 Macaroni & Cheese Baby Carrots Lite Ranch Dressing Fruit Choice of Milk
8 Beef & Bean Burrito Refried Beans Diced Peaches Choice of Milk	9 Homemade Calzones Green Beans Fresh Pears Variety of Milk	10 Baked Chicken Drumsticks Mashed Potatoes Corn Diced Apricots Choc or Low-fat Milk	11 Beef Quesadilla Salsa Baby Carrots Diced Pineapple Variety of Milk	12 Philly Steak Sandwich Dippin' Honey Peas Mixed Green Salad Apple Slices Choice of Milk
15 Russell Burger Wedge Potatoes Bun Diced Pears Milk	16 Chicken Whoopie Chicken Noodle Soup Fresh Fruit Dinner roll Choice of Milk	17 Chicken Cheddar Wraps Tossed Salad Lite Ranch Dressing Oranges Varity of Milk	18 Hungry Howie Pizza Day Green Beans Mixed Melon Salad Choice of Milk	19 Corndogs Peas & Carrots Applesauce Bun Choice of Milk
22 Pizza Sticks Broccoli Salad Fresh Fruit Choice of Milk	23 Walking Taco Chili Lettuce/Tomato Fritos Applesauce Choice of Milk	24 Big Daddy Cheese Pizza Baby Carrots Lite Ranch Dressing 3 Blend Fruit Choice of Milk	25 Rodeo Burger French Fries Banana Bun Choice of Milk	26 Bagged Lunch Served ½ day school
28 Nacho Supreme/Chips Seasoned Black Beans Apples Mixed Melon Salad Choice of Milk	30 BBQ Pork Sandwich Corn Grapes Bun Choice of Milk	31 Poor boy Wrap Sweet Potato Tots Spinach Salad Applesauce Choice of Milk		

DAILY MENU CHOICES - PIZZA, CHICKEN PATTY ON A BUN, CHEESEBURGER, DELI SANDWICHES, FRESH SALADS, CHICKEN NUGGETS AND DAILY SPECIAL

All bread, bread items and pasta are whole or multi grain
Milk offered Daily
Fat Free Chocolate
Lowfat 1 % White Milk

Fruit & Vegetable Bar offer daily

Condiments available daily:
Low cal salad dressings,
Mayonnaise, catsup, mustard.

Lunch Prices:
High School \$2.85
Middle School & Elementary \$2.85

Menu is subject to change without notice
USDA is an equal Opportunity provider and employer.